



## I am grateful that Christian Science was...

By Betty J. Brooks

From the November 1975 issue of *The Christian Science Journal*

I am grateful that Christian Science was introduced to me early in my life, at a time when I felt inconsolable. It has taught me love and appreciation for myself and others, and not to run away from problems, but to enlarge my understanding of God's allness and His love when situations seem insolvable.

Shortly before being introduced to Christian Science I was without adequate income to provide for my baby daughter and myself. As all efforts to gain employment in the field for which I was trained had failed, in sheer desperation I turned to God humbly seeking His guidance. I was willing to let Him govern my life. I accepted housework by the day and attended business school in the evenings. While reading the Bible one evening the words of Psalm 121 took on new meaning. I immediately memorized this psalm and clung to it during gloomy hours, day and night. Not long afterward I took some Christian Science literature from a distribution box at a launderette and read it. Every week while doing the laundry there I read more Christian Science literature. As this reading brought newfound peace and joy, I accepted it without question as God's message to me, and began to ask friends about Science.

After several months I found employment in the business field where I worked closely with an earnest student of Christian Science, who gave me a copy of the textbook, *Science and Health* by Mrs. Eddy. The very next Wednesday I attended a testimony meeting in a branch church, and the following Sunday I went to the church service and enrolled my daughter in the Christian Science Sunday School. Soon I became a member of the branch church and The Mother Church.

I was healed of nervous convulsions by simply reading the textbook. My life has truly been reconstructed by the book.

My employment has been progressive, supplying adequate income and good housing. I have enjoyed better health, where before I was sickly and highly sensitive. Divine Love has shown me my individual completeness. Service in a branch church, especially a term as Second Reader, gave me the opportunity to apply what I was learning.

I would like to tell how prayer replaced resentment and frustration with gratitude and cheerfulness, and enabled me to find a higher type of employment. The better employment came after I gave thorough attention and prayer to destroy in my own thought the belief in an evil mind, or animal magnetism and worldly hatred, which was claiming I was a victim of racial bigotry. As a result of my prayer I knew that love knows no barrier, that love gets fair and just things where all else fails. I was soon notified that I had been accepted for a position that took us miles from our former location for training.

When we arrived at our destination, the one responsible for helping with the housing kept trying to place me in the black ghetto area. This was not acceptable to me because I knew that God had not placed a restriction on man — and that our move was directed, protected, supplied, and sustained by God. The place God prepares for man includes and expresses His qualities. I held to the fact that man is really at home in God, that nothing can hide this from us; and I knew this fact would be manifest in a home that would meet all our needs. And the home we found did.

Three days after our arrival we were invited to spend the night with a Christian Science practitioner who was of a different race, and who introduced us to a fellow church member whose apartment we rented. The apartment not only met the immediate need for housing but also provided my daughter and me with loving friends. One of them watched over my daughter after school. The home was located one block from school and a few blocks from the branch church we attended as long as we were in that area. The apartment was unfurnished, but we were loaned enough furniture by church members to completely furnish it.

We integrated the apartment building, neighborhood, church, and Sunday School. All during this period I learned to trust God more, and to cope with fear more successfully, seeing it was powerless to condition our lives.

Two years ago my daughter came home from skating with friends and told me that she had fallen. She complained of a broken wrist and loose front teeth. She asked me for Christian Science treatment. Almost immediately this statement from *Science and Health* came to me ([p. 402](#)): "In Science, no breakage nor dislocation can really occur." This quieted fear for me and enabled me to quietly assure her that her real identity was intact. This was on Saturday. By Wednesday of the following week I noticed she was using the arm freely and eating normally, and I inquired when the healing took place. She replied that she had had her healing for two days.

Later that same year during the summer the child was thrown under the hooves of a horse she was riding and was badly bruised. I was led to study the chapter on Christian Science Practice in the textbook. This marginal heading on page 397, "Remedy for accidents," gave me peace as I obediently applied these passages to heal the situation: "When an accident happens, you think or exclaim, 'I am hurt!' . . . Now reverse the process. Declare that you are not hurt and understand the reason why, and you will find the ensuing good effects to be in exact proportion to your disbelief in physics, and your fidelity to divine metaphysics, confidence in God as All, which the Scriptures declare Him to be." The healing came quickly.

Friendships have been established as I gained a better understanding of the one Mind, God, applying the qualities that I found illustrated in the

Bible story of Ruth.

I am truly grateful for the way Christian Science has enriched my life.

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